

# — GET INVOLVED —

## MAY IS MENTAL HEALTH MONTH MAY EVENTS ACROSS MICHIGAN:

**May 1<sup>st</sup> - 12<sup>th</sup>** - Creative Minds Changing Minds art show at the Bayliss Public Library, *Sault Ste. Marie*

**May 3<sup>rd</sup>** - 1 p.m. - "Do it for Daniel" presentation at LaSalle High School, *St. Ignace*

**May 5<sup>th</sup>** - 9:00 a.m. - Kids on the Block at Washington School, *Sault Ste. Marie*  
10:00 a.m. - Kids on the Block at Washington School, *Sault Ste. Marie*

**May 8<sup>th</sup>** - 12:30 p.m. - Kids on the Block at St. Mary's School, *Sault Ste. Marie*  
1:45 p.m. - Kids on the Block at St. Mary's School, *Sault Ste. Marie*

**May 10<sup>th</sup>** -Registration at 10:00 a.m. - MACMHB Walk-A-Mile In My Shoes Mental Health Rally - *Lansing*

**May 11<sup>th</sup>** - 12:00 p.m. - Kids on the Block at Lincoln School, *Sault Ste. Marie*  
1:15 p.m. - Kids on the Block at Lincoln School, *Sault Ste. Marie*

**May 12<sup>th</sup>** - 12:30 p.m. - Kids on the Block at Bahweting School, *Sault Ste. Marie*  
1:30 p.m. - Kids on the Block at Bahweting School, *Sault Ste. Marie*

**May 13<sup>th</sup>** - 2:00 p.m. - Princess, Pirates & Superheroes, Oh My! at Lake Superior State University, *Sault Ste. Marie*

**May 15<sup>th</sup> - 19<sup>th</sup>** - Creative Minds Changing Minds art show at the Manistique Public Library, *Manistique*

**May 17<sup>th</sup>** - 8 a.m. - Mental Health First Aid at Hiawatha Behavior Health office, *Sault Ste. Marie*

**May 18<sup>th</sup>** - 8:45 a.m. - 11<sup>th</sup> Annual U.P. Recovery Conference in *Marquette*

**May 21<sup>st</sup>** - 1:00 p.m. - BHC Mental Health Mile & 5k at BHC in *Kincheloe*

**May 22<sup>nd</sup> - 26<sup>th</sup>** - Creative Minds Changing Minds art show at the St. Ignace Public Library, *St. Ignace*

**May 24<sup>th</sup>** - 10 a.m. registration - Gogebic Mental Health Walk-a-Mile in *Wakefield*

**May 25<sup>th</sup>** - 1:00 p.m. - Pathways Walk-a-Mile Rally at Marquette Commons, *Marquette*